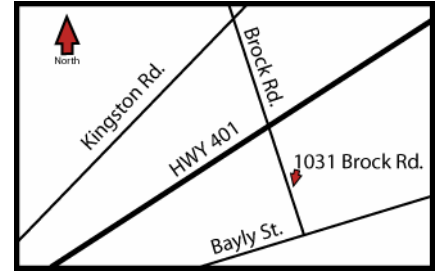


Appointment Date ¹ _____
 Time _____



Clinical Information / Indication for test(s)

Physician Signature: _____

Patient information

Name: _____
 Address: _____
 City: _____ Postal: _____
 Phone: _____
 Alt Phone: _____
 DOB: _____ Sex: _____
 Health Card/Version Code: _____
 Physician Name: _____

Nuclear Medicine

Bone Scan Whole Body Single Site

Lung Scan (V/Q)
 Parathyroid Scan
 Renal Scan
 Captopril Renal Scan
 Lasix Renal Scan
 Salivary Scan

Thyroid Scan

24 HR Uptake & Scan
 Scan Only Uptake Only

Nuclear Cardiology

Exercise Perfusion Imaging (Sestamibi)
 Persantine Perfusion Imaging (Sestamibi)
 Resting Radionuclide Ventriculogram (MUGA)
 Thallium, Rest and Redistribution (Viability)
 Other

Ultrasound

Abdomen
 Female Pelvic Transvaginal
 Male Pelvic Tranrectal (Trus)

Obstetric

DLNMP _____ BPP
 1st Trimester 2nd / 3rd Trimester

Small Parts

Testicular Face Neck
 Salivary Glands Breast Thyroid
 Other _____

Vascular

Carotid Arteries
 IMT Vascular Screening
 TIA / Stroke Bruit

Venous Lower Extremity
 Arterial Lower Extremity
 Other _____

Musculoskeletal

	R	L
<input type="checkbox"/> Shoulder	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Elbow	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Wrist / Hand	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Knee	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Achilles Tendon	<input type="checkbox"/>	<input type="checkbox"/>

Cardiovascular

Echocardiogram
 Ambulatory Blood Pressure Monitor
 Holter Monitor 24HRS 48 HRS
 ECG – Electrocardiogram Loop Monitor
 Exercise Stress Test (Non-Nuclear)

ULTRASOUND PROCEDURES

ABDOMEN:

Nothing to eat or drink 8 hours prior to your appointment (except to swallow necessary medications).
For children less than 3 years, feed as usual.

ABDOMEN & PELVIS:

Nothing to eat or drink 8 hours prior to your appointment.
Drink 6-8 full glasses of water prior to your appointment.
DO NOT VOID.

PELVIS / OBSTETRICAL:

A full bladder is necessary. Finish drinking 40 ounces (6-8) full glasses) of clear fluid 1 hour prior to your appointment. DO NOT VOID

MALE PELVIS:

Patient to arrive with full bladder. (Same instructions as for pelvis exam).

SMALL PARTS (THYROID / TESTIS) / MUSCULO-SKELETAL:

No Preparation required.

BREAST

Do not apply deodorant or talcum powder the day of your appointment.

VASCULAR:

No preparation required.

NUCLEAR CARDIOLOGY (SESTAMIBI) PROCEDURES

Please bring medications or list of medications.

- No caffeine (tea, coffee, cola, chocolate) for 24 hours prior to your test (this includes decaffeinated tea/coffee)
- Tylenol 1,2 and 3 should be stopped 24 hours prior to the test
- Light breakfast the day of the test.
- Be prepared to walk or run on the treadmill – wear a T-shirt, shorts or sweatpants and running shoes.
- No smoking 1 hour prior to testing

DIABETICS:

- If on insulin: light breakfast, the morning of the test, and take HALF the usual morning insulin dose.
- If on oral medication: light breakfast, and don't take diabetes medication before the test. After the test, you may eat and take your medication.

Certain medications should be stopped, if possible before the test, only if permitted by your doctor, as follows:

STOP FOR 24 HOURS BEFORE THE TEST

Metoprolol (Lopressor) Diltiazem (Cardizem; Tiazac) Sildenafil (Viagra) Acebutolol (Monitan; Sectral) Carvedilol (Coreg) Vardenafil (Levitra) Atenolol (Tenormin)

STOP FOR 48 HOURS BEFORE THE TEST

Bisoprolol (Monacor) Nadolol (Corgard) Tadalafil (Cialis) *4 days

STOP FOR 96 HOURS BEFORE THE TEST

Tadalafil (Cialis) *4 days

NUCLEAR MEDICINE PROCEDURES

THYROID UPTAKE AND SCAN: If permitted by your doctor: Stop Thyroxine 5 weeks before testing and stop Cytomel 3 weeks before testing. No intravenous contrast material (CT, IVP or Angiogram) for 5 weeks prior to testing.

OTHER NUCLEAR MEDICINE SCANS: No special preparation required.

CARDIAC TESTING PROCEDURES

ECHOCARDIOGRAM/HOLTERMONITOR/AMBULATORY BLOOD PRESSURE MONITOR:

Wear a comfortable 2 piece outfit.

CARDIAC EXERCISE TEST:

No coffee or tea the day of the test. Light breakfast the day of the test. Be prepared to walk or run on the treadmill. See Preparation for Nuclear Cardiology.